



Troop/Group Travel Questions

These questions will help your **troop** begin the planning process. Pay close attention to the thoughts and feelings that develop as you discuss these topics. Remember to maintain a safe space where each person can express herself openly and respectfully.

QUESTIONS TO HELP DEFINE ANY CONSTRAINTS	What options do you have within that constraint? Is there anything that might ease the constraint?
How long do the girls want to go?	
How long can you and other necessary adult chaperones be gone?	
What will the troop budget (or other sources of income) allow?	
What kind of trip does your experience allow as a next step? (In other words, if you've only done a short weekend trip, you're not ready for a 12-day adventure...start with a 5-day trip first)	
How far away (or how many days) will parents allow? What calendar "stops" come into play?	

QUESTIONS TO FOSTER GIRL LEADERSHIP

Whether you're planning a day trip or a cross-country adventure, the basic steps of trip planning remain constant. You won't be able to answer everything at the beginning, so find out what you can and you'll make forward progress! Start by asking:

- What do we hope to experience?
- Who will we want to talk to and meet? What will we ask them?
- Where are we interested in going?
- When are we all available to go?
- Will everyone in our group be able to go? (Is there a date that works for all? If not, how will we decide?)
- Are there physical barriers that cannot be accommodated?
- What are visiting hours (of venues) and are advance reservations/ticketing required?
- What are our options for getting there?
- What's the least and the most this trip could cost?
- What can we do now to get ourselves ready?
- How will we earn the money?
- What's the availability of drinking water, restrooms and eating places?
- Where can we sleep?
- Where is emergency help available?
- What safety factors must we consider? For activities, location, driving?
- What will we do while we're traveling?
- What will we do when we get there?

- Do we need to buy, borrow or rent gear?
- How will we deal with problems during the trip? What potential problems can we anticipate and avoid?
- How will we reflect on and share our experiences?

Questions and Prompts for traveling Girls (and Adults!)

These questions will help your **individual troop members** identify travel goals.

From the *Ultimate Recreation Challenge Badge* for Ambassadors:

What kind of adventures do you want to have?

Are you looking for something adrenaline-fueled...exotic and unfamiliar...nature exploring...or a survivor-type experience?

Think through these questions to get in touch with your adventure personality and help shape your challenges:

I am most excited by...

The skills I'm most proud of are...

I am most afraid of...

I admire women who challenge themselves by...

My dream trip would take me to...

My dream adventure would be...

The person I'd most like to travel with is...

I'd like to be able to teach younger girls to...

Fifteen questions from the *Life on Purpose* blog by Tina Su:

1. What makes you smile? (Activities, people, events, hobbies, projects, etc.)
2. What are your favorite things to do in the past? What about now?
3. What activities make you lose track of time?
4. What makes you feel great about yourself?
5. Who inspires you most? (Anyone you know or do not know. Family, friends, authors, artists, leaders, etc.) Which qualities inspire you, in each person?
6. What are you naturally good at? (Skills, abilities, gifts etc.)
7. What do people typically ask you for help in?
8. If you had to teach something, what would you teach?
9. What would you regret not fully doing, being or having in your life?

10. You are now 90 years old, sitting on a rocking chair outside your porch; you can feel the spring breeze gently brushing against your face. You are blissful and happy, and are pleased with the wonderful life you've been blessed with. Looking back at your life and all that you've achieved and acquired, all the relationships you've developed; what matters to you most? List them out.

11. What are your deepest values? Select 3 to 6 (see list of words below) and prioritize the words in order of importance to you.

12. What were some challenges, difficulties and hardships you've overcome or are in the process of overcoming? How did you do it?

13. What causes do you strongly believe in? Connect with?

14. If you could get a message across to a large group of people. Who would those people be? What would your message be?

15. Given your talents, passions and values. How could you use these resources to serve, to help, to contribute? (to people, beings, causes, organization, environment, planet, etc.)

Finding my deepest values:

Achievement	Fitness	Performance
Adventure	Friendship	Personal growth
Beauty	Giving I service	Play
Being the best	Health	Productivity
Challenge	Honesty	Primary
Comfort	Independence	Relationship
Courage	Inner peace	Reliability
Creativity	Integrity	Respect
Curiosity	Intelligence	Security
Education	Intimacy	Spirituality
Empowerment	Joy	Success
Environment	Leadership	Time freedom
Family	Learning	Variety
Financial freedom	Love	Other _____
	Motivation	Other _____
	Passion	

